WESTERN CAPE XCO & DHI CHAMPIONSHIPS

Race details for the upcoming Western Cape XCO & DHI Champs taking place at Contermanskloof Farm MTB Trails.

XCO - 31 May 2014
DHI - 1 June 2014

1. VENUE

Contermanskloof Farm MTB Trails, Durbanville. Entrance is off the Contermanskloof Road. Look out for the Contermanskloof MTB Trail signage and the Western Cape MTB XCO Championship Poster Boards.

2. PARKING

Parking will be clearly demarcated. The parking at the Contermanskloof Mountain Bike Trail and at the Bike Shed is not to be used. Please use only the demarcated parking area. Parking marshals will be available to indicate and assist with parking.

3. WHO IS ELIGIBLE TO RACE?

All riders in the West Coast, Cape Metropole (Western Province), Winelands (Boland) and Eden (South Western Districts) Regions with CSA membership are eligible to race. Cycling South Africa Day Licenses will be available for those requiring one through both the online and manual entry process described below. The tracks for Nippers (u.10) and Sprogs (u.12) are specifically designed to ensure maximum participation. The track utilised for the remaining age categories will be identical and will be at a level appropriate for a Provincial Championship and an UCI Category 2 Race. For those that know the Contermanskloof MTB Trails, the XCO Track will be situated around the DHI Track and Cheeky Corners. The DHI Track will be the established DHI Track previously used for DHI events.

4. ENTRIES

Online entries for both XCO and DHI are on www.racetraq.co.za. These entries will close on Thursday, 29 May 2014 at 12h00. Manual entries will be available at Contermanskloof as follows:

- XCO: 12h00 – 15h00 Friday, 30 May
The exception is that manual entries for Sprogs and Nippers will close at 07h30 Saturday, 31 May, to allow for adequate loading before the race.

• DHI:
  Manual Registration will be available at Contermanskloof from 12h00 – 17h00 on Saturday, 31 May and on Sunday, 01 June from 07h00 – 12h00.

**NO LATE ENTRIES WILL BE ACCEPTED [ALL ENTRANTS UNDER 18 MUST BE ACCOMPANIED BY AN ADULT IN ORDER FOR AN INDEMNITY AND WAIVER FORMS CAN BE SIGNED]**

### 5. REGISTRATION

**XCO**

Registration for XCO is at Contermanskloof on Friday, 30 May 12h00 – 17h00 and Saturday, 31 May 07h00 – 08h00. Registration for nippers and sprogs close at 07h30.

**DHI**

Registration for DHI is at Contermanskloof on Saturday, 31 May from 12h00 – 17h00 and Sunday, 01 June from 07h00 – 12h00.

### 6. OFFICIAL PRACTICE

**XCO**

Official practice is from 12h00 - 17h00 on Friday, 30 May. Medical assistance and marshals will be available at the practice session. No riders will be allowed on the track on the morning of Saturday, 31 May. Riders found practicing on Saturday, 31 May are subject to disqualification under UCI rules.

**DHI**

Official practice is from 14h30 - 17h30 on Saturday, 31 May. Medical assistance, portage and marshals will be available during the official practice session. Portage will commence at 13h30 to enable the practice session to start at 14h30, once XCO racing has been completed.

### 7. COURSE DESIGN

**XCO**
The course design and layout has been performed by Robert Starke, with the assistance of Bryan Strauss. For the purpose of this race, Bryan is the track Commissaire. Robert and his staff at Contermanskloof have put in a substantial effort to assist with the physical labour and design of the track. Without their assistance this XCO race would not have been possible. The track is spectator friendly, with more than 60% accessible for viewing purposes, from the race village.

DHI
The course to be utilised is the existing DHI course.

9. RACE COMMISSAIRE

Spook Groenewaldt will be race commissaire for this particular event.

10. PRIZE MONEY

XCO

Prize money will be on offer for all racing categories. The prizes and medals will be presented at 14h30 on Saturday, 31 May 2014. Riders must be present at the prize giving to be eligible to receive prizes and medals. Valuation of the total prize money is currently set at R25 000

DHI

Prize giving for DHI will be at approximately 15h30 on Sunday, 01 June 2014.

11. RACE PROGRAMME

XCO

The official race programme will be released to the database at 17h00 on Tuesday, 27 May.

DHI

The official race programme will be released to the database at 17h00 on Tuesday, 27 May.

12. SPONSORS

The following are the sponsors for the race weekend:

**Primary Sponsors**

- NMC Construction Group
- Paarl Media Group
Secondary Sponsors

- Mondi
- PWC
- Contermanskloof Farm
- Cyclefunatic
- Geko Cycles
- Die Burger
- Red Bull
- Dragon Sports (Giant)
- Durbanville Commercial Printers

13. TELEVISION COVERAGE

Television coverage of the full XCO programme on 31 May and DHI programme on 1 June will be covered by Big Shot Media. Big Shot Media will make three camera crews available per day. Both the XCO and DHI event will be edited into a 30 minute slot to be aired on SuperSport. This 30 minute slot will be repeated on at least 8 occasions on SuperSport. Details as to the dates and timing of screening will be sent out subsequent to the event. The television coverage will cover all age groups in both racing disciplines.

14. REFRESHMENTS

Refreshments on the day will be available from:

- Spur
- Snobs Coffee
- Super M Milk
- Red Bull
- Further refreshments to be announced

15. MARSHALING

XCO

Marshalling for XCO will once again be done by parents on a volunteer basis on Friday and Saturday. Thank you to those parents who have already volunteered their services. However, additional marshals are still required. Please respond directly to SD of RB email.

DHI

The normal DHI marshals have been contracted for the Saturday and Sunday.

16. RACEBOARDS

Race boards are being manufactured especially for the Championships. They will be allocated on registration and it must be returned after the race.